

CBSE | DEPARTMENT OF SKILL EDUCATION

HEALTH CARE (SUBJECT CODE 813)

Blue-print for Sample Question Paper for Class XII (Session 2023-2024)

Max. Time: 3 Hours

Max. Marks: 60

PART A - EMPLOYABILITY SKILLS (10 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANSWER TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	
1	Communication Skills-IV	1	1	2
2	Self-Management Skills-IV	2	1	3
3	Information and Communication Technology Skills-IV	1	1	2
4	Entrepreneurial Skills-IV	1	1	2
5	Green Skills-IV	1	1	2
TOTAL QUESTIONS		6	5	11
NO. OF QUESTIONS TO BE ANSWERED		Any 4	Any 3	7
TOTAL MARKS		1 x 4 = 4	2 x 3 = 6	10 MARKS

PART B - SUBJECT SPECIFIC SKILLS (50 MARKS):

UNIT NO.	NAME OF THE UNIT	OBJECTIVE TYPE QUESTIONS	SHORT ANS. TYPE QUES.- I	SHORT ANS. TYPE QUES.- II	DESCRIPTIVE/ LONG ANS. TYPE QUESTIONS	TOTAL QUESTIONS
		1 MARK EACH	2 MARKS EACH	3 MARKS EACH	4 MARKS EACH	
1	Medical Record/ Documentation	5	1	-	1	7
2	Role of General Duty Assistant in Elderly and Child care	6	-	1	1	8
3	Bio- Medical Waste Management	5	1	-	1	7
4	Operation Theater	5	1	1	1	8
5	Role of General Duty Assistant in Disaster Management and Emergency response	6	1	-	1	8
6	Self-Management and Career Scope	5	1	1	-	7
TOTAL QUESTIONS		32	5	3	5	45
NO. OF QUESTIONS TO BE ANSWERED		26	Any 3	Any 2	Any 3	34
TOTAL MARKS		1 x 26 = 26	2 x 3 = 6	3 x 2 = 6	4 x 3 = 12	50 MARKS

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Sample Question Paper for Class XII (Session 2023-2024)

Max. Time: 3 Hours

Max. Marks: 60

General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **24 questions** in two sections – Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (6 + 18 =) 24 questions, a candidate has to answer (6 + 11 =) 17 questions in the allotted (maximum) time of 3 hours.**
5. All questions of a particular section must be attempted in the correct order.
6. **SECTION A - OBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section has 06 questions.
 - ii. There is no negative marking.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.
7. **SECTION B – SUBJECTIVE TYPE QUESTIONS (30 MARKS):**
 - i. This section contains 18 questions.
 - ii. A candidate has to do 11 questions.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.

SECTION A: OBJECTIVE TYPE QUESTIONS

Q. 1	Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)									
i.	<pre> graph LR S([Sender]) --> E[Encoding] E --> C[Channel] C --> D[Decoding] D --> R([Receiver]) R -- Feedback --> S </pre> <p>Based on the above diagram match the following:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">1. Sender</td> <td>A. Important in communication as it helps in knowing whether receiver has understood the message or not</td> </tr> <tr> <td>2. Receiver</td> <td>B. Who Encodes and sends a message through a channel</td> </tr> <tr> <td>3. Feedback</td> <td>C. Message from Sender to Receiver</td> </tr> <tr> <td>4. Communication</td> <td>D. Who decodes the message</td> </tr> </table> <p>a) 1-B, 2- A, 3- D, 4- C b) 1-C, 2- D, 3- A, 4- B c) 1-B, 2- D, 3- A, 4- C d) 1-B, 2- D, 3- C, 4- A</p>	1. Sender	A. Important in communication as it helps in knowing whether receiver has understood the message or not	2. Receiver	B. Who Encodes and sends a message through a channel	3. Feedback	C. Message from Sender to Receiver	4. Communication	D. Who decodes the message	1
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3. Feedback	C. Message from Sender to Receiver									
4. Communication	D. Who decodes the message									
ii.	_____ is a state of feeling upset, annoyed and hopeless. a) Aggression b) Stress c) Happiness d) motivation	1								
iii.	Shortcut key to underline text in a spreadsheet. a) ctrl + b b) ctrl + p c) ctrl + c d) ctrl + u	1								
iv.	Which one among the followings is a barrier in becoming a successful entrepreneur a) Plenty of funds b) Plenty of resources c) Adequate entrepreneurship training d) Fear of failure	1								
v.	Vijay keeps detached and aloof, and is prone to introspection and fantasy. She shows little interest in forming personal relationships and seems to be emotionally cold. Identify the type of personality disorder. a) Schizoid personality disorder b) Dependent personality disorder c) Paranoid personality disorder d) Avoidant personality disorder	1								
vi.	There is a garbage bin in your canteen and it, generally, gets filled beyond capacity every day. What should you do? (i) Ask the canteen management to get a bigger bin (ii) Suggest ways to reduce the amount of garbage collected (iii) Throw garbage on the floor and walk away (iv) Talk to your friends about the problem (a) A, B, C (b) B, C (c) A, C, D (d) A, D	1								

Q. 2	Answer any 5 out of the given 7 questions (1 x 5 = 5 marks)	
i.	The _____ usually include – the time of arrival, age, sex, how the patient arrived, where the patient came from, medical diagnosis, chief complaint, general appearance, treatment in progress, allergies, vital signs and notifications of the physician. a) admission notes b) assessment notes	1

	c) discharge notes d) transfer notes	
ii.	The team provides medical treatment to victims within the scope of their training. This task is normally accomplished in the Treatment Area; however, it may take place in the affected area as well. Identify the team, who help in emergency situation. a) Medical Treatment Team b) Medical Triage Team c) Search and Rescue Team d) Fire Suppression Team	1
iii.	Traditionally, _____ has been the responsibility of family members and was provided within the extended family home. Increasingly in modern societies, this care is now being provided by state or charitable institutions. (a) Elderly care (b) Child care (c) Adolescent care (d) Adult care	1
iv.	A goal can be broken into smaller and more manageable steps. Then it becomes possible to give a timeframe for achieving the goal. That means the goal should be _____. a) Realistic b) Action-based c) Time Limited d) Simple	1
v.	An _____ is a room within a hospital, within which surgical operations are carried out in a sterile environment. a) OPD b) Laboratory c) Reception d) Operation theater	1
vi.	The _____ is responsible for generating, segregating, collecting, storing and treating of the hospital waste. a) Hospital staff b) Doctors c) Nurses d) Patients	1
vii.	A key skill in _____ is self-regulation. Self-regulation refers to individuals monitoring, controlling and directing aspects of their learning for themselves. a) Creative thinking b) Self-Management c) Critical thinking d) Time – Management	1

Q. 3	Answer any 6 out of the given 7 questions (1 x 6 = 6 marks)	
i.	_____ zone t includes operation rooms which are kept sterile. a) Clean zone b) Sterile/Aseptic zone c) Protective Zone d) Disposal Zone	1
ii.	The team searches and provides for rescue of victims, as is prudent under the conditions and assist the Fire Suppression Team. Identify the team, who help in emergency situation. a) Medical Treatment Team b) Medical Triage Team c) Search and Rescue Team d) Fire Suppression Team	1
iii.	The doctor's orders regarding the medication investigations, diet etc. may be written on separate sheets. This is called _____. a) Graphic chart b) Consent form c) Doctor's order sheet d) Diet sheet	1
iv.	Solvents and reagents used for laboratory preparations, disinfectants, sterilant and heavy metals contained in medical devices (e.g. mercury in broken thermometers) and batteries- Identify the waste material. a) Infectious waste	1

	b) Sharps waste c) Pharmaceutical waste d) Chemical waste	
v.	They provide Simple Triage and Rapid Treatment (START) triage for victims found at the scene; marking victims with category of injury as per the standard operating procedures and assist the Fire Suppression Team or Rescue Team, if needed. Identify the team, who help in emergency situation. (a) Medical Treatment Team (b) Medical Triage Team (c) Search and Rescue Team (d) Fire Suppression Team	1
vi.	Old adults do not have the same appetite that they had when they were younger. Their need for large amounts of food and calories is lowered. They may also not want to eat. If the sense of taste and smell are gone, they may not enjoy food as much as they did when they were younger. The problem leads to- (a) Endocrine system (b) Muscular system (c) Digestive system (d) Sensory system	1
vii.	Find a place, preferably one you can use regularly and with limited distractions. Identify the strategy of time management: (a) Be specific (b) Priorities (c) Sub tasking (d) Structure the environment	1

Q. 4	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	The _____ is responsible for the implementation, monitoring and evaluation of hospital waste management from collection and storage of hospital waste to its final disposal. (a) Medical Superintendent/Director (b) Officer In charge of Waste Management (c) Heads/In charge of Labs/Units/Departments (d) In-charge Sanitation Inspector	1
ii.	_____ help to prepare crew for responding rapidly and effectively in an emergency situation. (a) Dances (b) Drills (c) Dramas (d) Songs	1
iii.	Many older adults are confused and not able to understand. Less ability to understand. This can be due to- (a) Poor hearing and sight (b) Less ability to understand (c) Less learning ability (d) A short attention spans	1
iv.	This certificate is given to the patient at the time of discharge from hospital. It contains the diagnosis of disease, time period of hospital stays, treatment given. It is a document of medico-legal importance. Identify the document. a) Wound certificate b) Accident cum wound register c) Discharge certificate d) Police intimation	1
v.	_____ is the ability to think clearly and rationally about what to do or what to believe. It includes the ability to do independent thinking. a) Critical thinking b) Creative thinking c) Problem solving d) Questioning	1
vi.	This zone of operation theater connects the protective zone and aseptic zone. Identify the zone of operation theater. (a) Clean zone (b) Sterile/Aseptic zone (c) Protective Zone (d) Disposal Zone	1

Q. 5 Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)		
i.	Waste containing substances with genotoxic properties (i.e. highly hazardous substances that are, mutagenic, teratogenic or carcinogenic), such as cytotoxic drugs used in cancer treatment and their metabolites- Identify the waste material. (a) Cytotoxic waste (b) Radioactive waste (c) Pharmaceutical waste (d) Chemical waste	1
ii.	The purpose of _____ is to provide personalized care. (a) Medical record (b) Staff record (c) Medicine record (d) Diet record	1
iii.	This area is planned for IV-line insertion, preparation, catheter/ gastric tube insertion, connection of monitors, etc. Identify the sub-area of the operation theater. (a) Staff room (b) Holding area for patient (c) Post anesthetic care units (PACU) (d) Laboratory	1
iv.	They are not yet able to do anything for themselves. They depend on others to feed them and to keep them safe. They need to be loved. They need others to keep them clean and dry. They must feel that their needs will be met as soon as they begin to cry. Identify the age group of the child in the given condition. a) 5 to 12 years. b) 3 to 5 years c) 1 to 3 years d) Birth to 1 year	1
v.	The complete _____ cycle includes the shaping of public policies and plans that either modify the causes of disasters or mitigate their effects on people, property and infrastructure. (a) Cost Management (b) Friendship Management (c) Disaster Management (d) Relationship Management	1
vi.	In elderly people, most common problem of eye is: (a) Gout (b) Bowel disorder (c) Skin rash (d) vision impairment	1

Q. 6 Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)		
i.	Effective _____ will help you to avoid stress and provide you with more opportunities to get involved in activities. (a) Entrepreneurial skill (b) Self-Management skill (c) Communication skill (d) Green skill	1
ii.	Human tissues, organs or fluids, body parts and contaminated animal carcasses are _____ waste. a) Infectious waste b) Sharps waste c) Cytotoxic waste d) Pathological waste	1
iii.	In elderly people, most common problem of bone is: a) Gout b) Bowel disorder c) Skin rash d) vision impairment	1
iv.	The purpose of documenting medical records are-.	1

	A. To provide better and evidence-based care. B. Avoid repeating investigations. C. Provide personalized care. D. Improved application of health policy decisions. (a) A, B and C (b) B, C and D (c) A, B and D (d) A, B, C and D	
v.	Electrocardiography (ECG), Blood Pressure (BP), Oxygen saturation, etc and Defibrillator(s) are used in operation theater as _____. (a) Doctors monitors (b) Patient monitors (c) Nurses monitors (d) Anesthetic monitors	1
vi.	As a GDA, you should develop the ability to identify the critical events in _____ and take necessary steps to notify the concerned authority or prevent the spread. (a) enjoyment (b) picnic (c) get-together (d) disaster	1

SECTION B: SUBJECTIVE TYPE QUESTIONS

Answer any 3 out of the given 5 questions in 20 – 30 words each (2 x 3 = 6 marks)

Q. 7	Enumerate the stages of Active listening.	2
Q. 8	Pratim's brother is a student and is having a careless approach in whatever he does. Mention and explain any two techniques to help him maintain a positive outlook in the long run. Give any two techniques that help to maintain positive outlook.	2
Q. 9	Write down the steps involved in saving a spreadsheet in PDF format.	2
Q. 10	What are the benefits of entrepreneurial competencies?	2
Q. 11	What are the benefits of green jobs?	2

Answer any 3 out of the given 5 questions in 20 – 30 words each (2 x 3 = 6 marks)

Q. 12	After the surgical process how, the diet can be introduced to patient gradually.	2
Q. 13	What do you mean by POMR? How it can be useful?	2
Q. 14	How can you use your time wisely while managing yourself?	2
Q. 15	How the Sanitation Inspector play important role in waste management of hospital?	2
Q. 16	Write a short note about Medical Triage Team.	2

Answer any 2 out of the given 3 questions in 30 – 50 words each (3 x 2 = 6 marks)

Q.17	What do you mean by self-management skill? How this skill can be helpful to you throughout your life?	3
Q. 18	How can you take care of the muscle problems in elderly people?	3
Q. 19	After the surgical process, When the patient feels better, early mobilization is allowed to reduce the risks of some complications. Which are they?	3

Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)

Q. 20	How Prithvi, as the part of the medical treatment team, can play important role in Emergency situation?	4
Q. 21	What are the different zones of operation theater? Show by schematic diagram.	4
Q. 22	Why should we take care about the thinking and learning abilities of Elderly people?	4
Q. 23	Enumerate four color categories of waste disposal. Show by tabular format, which color code is used for which type of waste?	4
Q. 24	Differentiate between Symptom notes and medication notes.	4