

SP 5

Class 10 - English Language and Literature

Time Allowed: 3 hours

Maximum Marks: 80

General Instructions:

1. 15-minute prior reading time allotted for Q-paper reading.
2. The Question Paper contains THREE sections-READING, GRAMMAR & WRITING and LITERATURE.
3. Attempt questions based on specific instructions for each part.

Section A

1. **Read the text carefully and answer the questions:** [10]

1. We live in an era where it is difficult to miss fast and junk food and the rise in teenage obesity and related health issues due to it.
2. During teenage, weight gain is normal but when it goes beyond control the person becomes obese. Our body requires energy to function, which is derived from the food we eat but when the intake of food becomes more than the amount that the body requires, the excess energy is stored as body fat.
3. Contemporary lifestyle sees an increasing consumption of junk food and spending time watching television and playing computer games. Overeating along with lack of physical exercise are the major causes leading to teenage obesity. Large intake of high-calorie food and low-nutrient food leads to unnecessary weight gain. Besides these, obesity can also be genetically inherited where some people have the genetic tendency to burn calories more slowly compared to others. Stress is also a reason for obesity where people resort to overeating to alleviate their stress.

Teenage obesity is growing immensely and has been named an 'obesity epidemic:

4. Several health issues arise out of it like diabetes, high blood pressure and cholesterol, sleep disorders, hormonal imbalance, and asthma. Along with these, obesity can also result in psychological problems like low self-esteem due to the constant jeering of peers. Obese teens are more prone to being teased and physically bullied compared to others of their age.
5. Therefore, it is necessary to control excessive weight gain. Inactivity is the major cause of obesity and regular exercise is the best way to control it. Physical activity like jogging, swimming and playing outdoor games can help to keep one fit. A balanced diet with lots of vegetables, fruit, and whole grains is also essential. Junk food and soft drinks should be substituted with lots of vegetables, fruit, and whole grains in the diet. Drinking around 8-10 glasses of water also helps to reduce calorie intake.
6. Parents have an important role in controlling teenage obesity as they should try to set examples by following a healthy diet and leading a healthy lifestyle. A combined effort of the parents and kids can help to control this eating disorder.

- (i) According to the author, why is it difficult to miss junk food for teenagers today?
- (ii) According to the passage, junk food is the major cause of obesity. True/false.
- (iii) Obese teens are more prone to be bullied. The term 'prone' refers to _____

- (iv) What is the meaning of the phrase 'constant jeering of peers' in the passage?
- (v) If a teenager follows a good diet, _____ can still lead him to obesity.
- heredity
 - junk food
 - bad habits
 - laziness
- (vi) Select the option with the underlined words that can substitute the word 'alleviate' (paragraph III).
- Sameer had been promoted to the Manager's position.
 - The medicine reduced the headache soon.
 - The teacher was too angry with the class.
 - Richa's marks have been increased since last complaint made to her parents.
- (vii) According to the passage, which emotion leads to over-eating in teenagers?
- (viii) Select the problems that obesity may lead to, according to the passage.
- diabetes
 - vertigo
 - high blood pressure and cholesterol
 - hormonal imbalance
 - sleeping disorders
- (1), (2), (3) and (4)
 - (3), (4) and (5)
 - (1), (2) and (5)
 - (1), (3), (4) and (5)

2. **Read the text carefully and answer the questions:**

[10]



Papaya is the healthiest fruit with a list of properties that is long and exhaustive. Papaya favours digestion as well as cures skin irritation and sunburns. You can munch on it as a salad, have it cooked or boiled or just drink it up as milk shake or juice. The most important of these virtues is the protein-digesting enzyme in the milky juice. The enzyme is similar to pepsin in its digestive action and is said to be so powerful that it can digest 200 times its own weight in protein. It assists the body in assimilating the maximum nutritional value from food to provide energy and body-building materials.

Papain in raw papaya makes up for the deficiency of gastric juice and fights excess of unhealthy mucus in the stomach, dyspepsia and intestinal irritation. The ripe fruit, if eaten regularly, corrects habitant constipation, bleeding piles and chronic diarrhoea.

The juice is used as a cosmetic, removes freckles or brown spots due to exposure to sunlight and makes the skin smooth and delicate. A paste of papaya seeds is applied in skin diseases like those caused by ringworm. The black seeds of the papaya are highly beneficial in the treatment of cirrhosis of the liver caused by malnutrition, alcoholism, etc.

A table spoon of its juice, combined with a hint of fresh lime juice, should be taken once or twice daily for a month. The fresh juice of raw papaya mixed with honey can be applied over inflamed tonsils, for diphtheria and other throat disorders. It dissolves the membrane and prevents infection from spreading. The nutrients in papaya have also been shown to be helpful in the prevention of colon cancer. Papaya's fibre is able to control cancer-causing toxins in the colon and keep them away from the healthy colon cells. In addition, papaya's folate, vitamin C, beta-carotene, and vitamin E have each been associated with a reduced risk of colon cancer.

These nutrients provide synergistic protection for colon cells from free radical damage to their DNA. Increasing your intake of these nutrients by enjoying papaya is an especially good idea for individuals at risk of colon cancer.

		
2.4 g	Fibre	1.7 g
10.39 g	Sugar	7.82 g
107 mg	Potassium	182 mg
5 mg	Magnesium	21 mg
4.6 mg	Vitamin C	60.9 mg
54 IU	Vitamin A	950 IU

- (i) Complete the following analogy appropriately, based on your understanding of the given passage.
We can say that Papaya as a fruit can be compared to that versatile player who can play the role of an all-rounder in a game, because _____
- (ii) Fill in the blank with the appropriate option from those given in the passage.
The statement that, the juice, used as a cosmetic, removes freckles or brown spots due to exposure to sunlight and makes the skin smooth and delicate, is a _____ (fact/opinion) because it is a _____ (subjective judgement/ objective detail).
- (iii) Justify the following in about 40 words.
Papaya assists the body in assimilating the maximum nutritional value from food to provide energy and body-building materials.
- (iv) Based on the given data, apple is richer in which two nutrients as compared to papaya?
- (v) According to the table, papaya has enough Vitamin C, Vitamin A, and many other nutrients. How can the intake or consumption of these nutrients can help us? (Answer in about 40 words)
- (vi) Select the option that correctly displays what 'applied' signifies. (Reference-Paragraph 3 & 4)

i.



ii.



iii.



iv.



v.



- A. (i), (iv) and (v)
- B. Only (ii)
- C. Only (iii)
- D. (ii) and (v)

- (vii) Infer one health and one skin benefit of consuming Papaya.
- (viii) Which of the following does not represent the usage or value of raw papaya?
 - A. It can be munched as a salad.
 - B. Its fresh juice mixed with honey can be applied over inflamed tonsils, for diphtheria and other throat disorders.
 - C. It is highly beneficial in the treatment of liver cirrhosis.
 - D. It makes up for the deficiency of gastric juice and fights excess unhealthy mucus in the stomach.

SECTION B –GRAMMAR

3. **Complete ANY TEN of twelve of the following tasks, as directed** **[10]**

- (i) Fill in the blank by using the correct form of the word in the bracket, for the given portion of a letter: **[1]**

Sir

We _____ (purchase) office furniture from your showroom on 5th October vide Invoice No. 12334.

- (ii) Identify the error in the given sentence about learning from a mistake and supply the correction. **[1]**

Have you ever learn from a mistake you have made?

Use the given format for your response.

error	correction

- (iii) **Report the dialogue between a mother and her son, by completing the sentence:** **[1]**

Son: Can you give me some money, mom?

Mother: Where have you spent your pocket money?

On being asked for money, the mother questioned the son that _____.

- (iv) He said to her, "Don't read so fast". **[1]**

Reported speech: _____

- a) He advised her don't read so fast.
- b) He ordered her not to read so fast.
- c) He requested her not to read so fast.
- d) He told her not to read so fast.

- (v) Fill in the blank by choosing the correct option. **[1]**

She was _____ (never / neither / either) ready for the interview nor wanted to take the job.

- (vi) Identify the error in the given sentence, from a report from the News for Kids site and supply the correction. **[1]**

SECTION B – CREATIVE WRITING SKILLS

4. Express your views by writing a letter to the Editor of the daily local newspaper on the subject 'Reforming Beggars'. [5]

OR

You are Sujata/Sudhir, Secretary of the Student Council, Nav Vihar Public School, Mumbai. You are planning an excursion to Jim Corbett National Park for students. Write a letter to the Director, Tourism Department, Jim Corbett National Park, enquiring about a package for 100 students which would include transportation, sightseeing, boarding and lodging for 4 nights.

5. Digital/Virtual learning came to the rescue of teachers and students during lockdown. Moreover, it also heralded the transition from old to the new trends in our education system. [5]

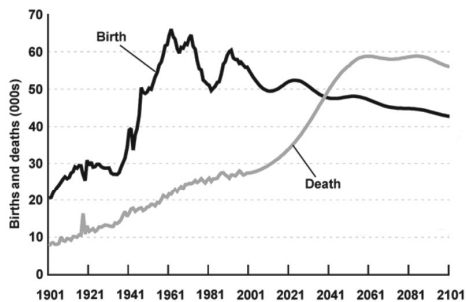
Write an analytical paragraph on 'Virtual Teaching and Learning' in about 100 – 120 words.

You can use the following cues:

- Digital age and technology
- No access to regular school, technology opened new gateways of learning
- Teachers and students interacting on digital platform
- Smartphones, laptops, iPads
- Virtual teaching - a challenge for both students and teachers

OR

Below is a graph showing birth and death rates in a country from 1901 to 2101. Write an analytical paragraph (100-150 words).



SECTION C - LITERATURE

6. Read the given extracts and answer the questions for ANY ONE of the two, given. [5]

- (i) Read the following extracts and answer the question/complete the sentences that follow: [5]

”You are disappointed”, Ausable said wheezily over his shoulder. “You were told that I was a secret agent, a spy, dealing in espionage and danger. You wished to meet me because you are a writer, young and romantic. You envisioned mysterious figures in the night, the crack of pistols, drugs in the wine.”

- i. What makes Ausable comment to Fowler "You are disappointed"?
- ii. Why did 'he' want to meet Ausable?
- iii. Complete the given sentence:
Fowler was disappointed to meet Ausable because _____.
- iv. What is the meaning of the word **Espionage**?

- i. Finding out secret information
- ii. Dealing with careless behaviour
- iii. Ignorant about certain things

iv. Dealing indifferently

- (ii) **Read the extract given below and answer the questions that follow:** [5]

All through the night, Lencho thought only of his one hope: the help of God, whose eyes, as he had been instructed, see everything, to even what is deep in one's conscience. Lencho was an ox of a man, working like an animal in the fields, but still, he knew how to write. The following Sunday, at daybreak, he began to write a letter which he himself would carry to town and place in the mail. It was nothing less than a letter to God. "God," he wrote, "If you don't help me, my family and I will go hungry this year. I need a hundred pesos in order to sow field again and to live until the crop comes because of the hailstorm..."

- a. Why Lencho thought only of his one hope: the help of God? Answer in about 40 words.
- b. Read the following descriptions (a)-(c) and identify which one correctly corresponds to the extract.
 - a. Lencho worked in fields like an ox of a man. He worked like an animal in the fields.
 - b. Lencho became stressed and disappointed as everything went against the plan.
 - c. He felt helpless as no corn had been left and feared, that they might have to starve this time.
- c. What would be the word if a word were to be replaced with the phrase 'the inner sense of right or wrong'?
- d. Fill the blank with one word. Lencho wrote the letter to God, and he himself carried the letter to town and dropped in the _____.

7. **Read the given extracts and answer the questions for ANY ONE of the two, given.** [5]

- (i) Read the lines given below and answer the questions that follow: [5]

The trees inside are moving out into the forest,
the forest that was empty all these days
where no bird could sit
no insect hide
no sun bury its feet in shadow
the forest that was empty all these nights
will be full of trees by morning

- a. Complete the sentence appropriately.

It is clear that personification is the poetic device used for 'No sun bury its feet...'
- b. State whether the following statement is TRUE or FALSE. Also, provide an explanation. The extract uses trees as a symbol for conservative people.
- c. Which of the following best describes the idea of a forest that has been 'empty all these days' is _____.
 - a. unnatural
 - b. scary
 - c. magical
 - d. legendary
- d. Which three things cannot happen in a treeless forest?

- (ii) Read the extract given below and answer the questions that follow: [5]

Suddenly, suddenly they heard a nasty sound,

And Mustard growled, and they all looked around.

Meowch! cried Ink, and ooh! cried Belinda,

For there was a pirate, climbing in the window.

- i. What can you infer from the repetition 'suddenly, suddenly' in the above extract?
 - a. There was an immediate change in the scene.
 - b. It focuses on the hasty attack and the loud noise.
 - c. It emphasises that an unexpected noise was heard.
 - d. It draws our attention to the loud cry that occurred.
- ii. What did Mustard do when he heard a nasty sound?
- iii. Fill in the blank with one word. The rhyming scheme of the lines _____.
- iv. The poet could have included a burglar or an intruder in the poem, but chose to include a pirate. Explain this choice.

8. **Answer ANY FOUR of the following five questions, in about 40-50 words** [12]

- (i) How are the Coorgi people men of valour? [3]
- (ii) What message do you get from the poem, 'A Tiger in the Zoo'? [3]
- (iii) What was the point of controversy between Lomov and Natalya about the Oxen Meadows? [3]
- (iv) Why did Mr. Keesing not like Anne Frank and what did he do? [3]
- (v) Which two ideas about how the world will end have been mentioned in the poem Fire and ice? Which idea does the poet support more? [3]

9. **Answer ANY TWO of the following three questions, in about 40-50 words.** [6]

- (i) Read the following quote. [6]

"We are too involved in materialistic things, and they don't satisfy us. The loving relationships we have, the universe around us, we take these things for granted." - Mitch Albom

Matilda was never satisfied with her life and desired more. The given quote reflects her character. Justify.
- (ii) You've read the quote: **A teacher affects eternity. He can never tell where his influence stops.** In the context of this statement, comment on the role of Bholi's teacher in her life. [3]
- (iii) How did the invisible man first become visible? [3]

10. **Answer ANY ONE of the following two questions, in about 100-120 words** [6]

- (i) Look at the given image of different parenting styles and what they signify. [6]

	SENSITIVE & RESPONSIVE	STERN & PUNITIVE
DEMANDING	AUTHORITATIVE	AUTHORITARIAN
DOESN'T ENFORCE LIMITS	PERMISSIVE	UNINVOLVED

Which of the given parenting styles would you attribute to the young seagull's parents? Do you think there was a difference between the mother's and father's attitude? Support your answer with reference to the text.

- (ii) After having read the lesson on the oppression that communities faced in South Africa, you were deeply hurt. You could also relate to the struggles and hardships of millions of Indians who fought against the oppressive British rule. [6]

Write a diary entry expressing your feelings about oppression faced by people in their homeland. You

may begin like this:

24 August 20XX,

Monday 9:00 pm My heart is filled with sadness as I think of the oppressed who had to tolerate the inhuman attitude of the oppressors in their own land ...

11. **Answer ANY ONE of the following two questions, in about 100-120 words.** [6]
- (i) Describe the 'parting scene' of Tricki from Mrs. Pumphrey's house. [6]
- (ii) Education, love and sympathy can transform even a thief. How is it true in the case of Hari Singh? [6]

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